# **Kindergarten Readiness Checklist**

A supportive guide for parents preparing their child for a confident start to kindergarten.

# ☆ Language & Early Literacy

- Recognizes and can name some letters (especially in their name)
- Enjoys listening to stories and looking at books
- Speaks clearly enough to be understood by others
- Can identify beginning sounds in simple words (e.g., 'B is for ball')
- Is curious about rhymes, songs, or silly word play

### Social & Emotional Development

- Follows simple directions and routines
- Can take turns and share with others
- Expresses feelings using words
- Can separate from parent or caregiver without major distress
- Shows interest in making friends or being part of a group

#### Fine & Gross Motor Skills

- Can hold a crayon, pencil, or scissors with control
- Can draw simple shapes or a basic figure
- Can zip, button, or manage basic clothing independently
- Can run, jump, climb stairs, and balance
- Can use a glue stick or build with blocks

# Cognitive & Self-Help Skills

- Can recognize colors, shapes, and basic numbers
- Understands opposites and can sort by category
- Can focus on a task for 5-10 minutes
- Can follow 2-step directions (e.g., 'Pick up your toy and put it in the basket')
- Uses imagination during play or storytelling

Remember: every child is unique, and readiness looks different for everyone. This checklist is a gentle guide — not a test.

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